

BRAINSCAN

NEWS & INFORMATION FOR

PATIENTS AND FAMILIES LIVING WITH BRAIN TUMORS

VOLUME 5 • NUMBER 1 • FALL 2003

THE GERRY &
NANCY PENCER
**BRAIN
TRUST**



*"Making a Difference
in the Quality of Life
of People Living
with Brain Tumors"*

A Message from the Director



Holly Pencer Bellman

Did you know that October is Brain Tumor Awareness Month?

Why not kick off the event with the 'Head for a Cure' walk on Sunday October 19th? Launched by our very own Patient and Family Advisory Committee (PFAC) as part of the Toronto Marathon, your 5K walk/run will begin at Queen's Park, with all proceeds going to The Pencer Brain Tumor Centre at Princess Margaret Hospital. For pledge sheets, please stop by The Centre or contact Maureen Daniels at 416-946-2240.

Activities continue on Friday, October 31, 2003, with the 5th Annual 'Pencer Centre Guest Lecture and Open House'. Start your day with a 'must-see' presentation by Terry Evanshen, who will demonstrate the

never-ending power of the human mind to overcome obstacles. A member of the Canadian Football Hall of Fame, Terry was twice voted outstanding Canadian in the CFL and a Grey Cup champion. Then on July 4, 1988, Terry Evanshen nearly lost it all. The victim of a devastating car accident, Evanshen was so critically injured, he was practically left for dead. In a miraculous turn of events, Terry awoke from a month-long coma, but to a devastating reality. His memory completely shattered, he was without a past and his future looked bleak. With the support of an amazing family, Terry managed to slowly rebuild his life. Now a successful motivational speaker, Terry lives in Brooklin, Ontario with his loving family. In 1998, he was challenged once again when his 21-year-old daughter was diagnosed with brain cancer. Jennifer died at the young age of 24 after fighting a brave fight and is survived by her parents, Terry and Lorraine and two sisters Tracey Lee and Tara. 'Seize Each Day', presented by Terry Evanshen will take place from 10:30 am to 12:00 pm in the 6th floor auditorium, Princess Margaret Hospital. Admission is free,

continued on page 3

5th Annual Open House and Guest Lecture

*Providing information
about our progress at
The Brain Trust and
activities at The Gerry &
Nancy Pencer Brain
Tumor Centre, BrainScan
is a great resource for
brain tumor patients and
their families, donors,
the medical community,
like-organizations, and
volunteers across Canada
and the United States.*



Friday, October 31

Open House Noon - 3:00 pm
Guest Lecture 10:30 am - Noon

Learn what's new in the treatment and care of patients and their families, living with brain tumors. Prior to the Open House, join us for a presentation by our Guest Speaker, Terry Evanshen:

Seize Each Day

Join Terry from 10:30 am to Noon
in the 6th Floor Auditorium
at Princess Margaret Hospital.
Admission is free, but, SEATING IS LIMITED!
To reserve a seat call Maureen at 416-946-2240.



THE GERRY & NANCY PENCER
BRAIN TUMOR CENTRE

- State-Of-The-Art Care
- Physical Rehabilitation Consultation
- Participation in Clinical Trials
- Social Worker and Psychiatrist
- Resource Library
- Live and Learn Program
- Patient and Family Advisory Committee
- Complementary Therapies
- Links to Hospital and Community Support Services
- Patient Information Binder
- Art Therapy
- Support Group Meetings
- Internet Access
- Translational Research
- A Calm and Positive Environment for Patients and Families
- OUR MISSION:**
To be a "Centre of Excellence" which provides multidisciplinary care, treatment, and support for brain tumor patients and their families.
- To promote clinical and translational brain tumor research.

Medical News



Dr. Warren Mason
Medical Director

October is Brain Tumour Awareness month in Canada, and The Pencer Centre will be hosting a number of important events to highlight this important cause. Firstly, The Pencer Centre will be holding its annual Open House on October 31. This event is the most important day for us at The Centre, because it provides an opportunity for the many healthcare professionals involved in delivering care to patients with brain tumors to showcase their unique services and activities. Several hundred patients, family members, and friends visit the Open House to learn more about the latest information on the treatment of brain tumors and support services available at our Centre. The Open House always features a guest speaker, and this year we are very pleased to have Terry Evanshen, a member of the Canadian Football Hall of Fame, who will give a presentation entitled "Seize Each Day", highlighting aspects of his remarkable life and the many challenges he has had to overcome. Terry is an inspiring speaker, and we are sure that his unique story will help many of our patients and friends deal with the hardships they are facing. In October, we also hold the annual Gerry Pencer Memorial Lecture. This

year we have invited Dr. Antonio Chiocca, a neurosurgeon based at the Massachusetts General Hospital and Harvard Medical School in Boston. Dr. Chiocca will be discussing the potential of gene therapy as a treatment for primary brain tumors. Also in October, as many of you know, our Patient and Family Advisory Committee (PFAC) is organizing "Head for a Cure", a 5 km walk on October 19 to raise money for The Centre – we wish them great success. Finally, you will soon see a familiar face at The Centre: Neetu Malik, our clinical trials nurse, will be returning from maternity leave – so please do welcome her back when you meet her in the hallways.



CARDS FOR A CURE



The Gerry & Nancy Pencer Brain Trust is proud to present a new collection of cards. These cards are a perfect way to mark a special occasion, remember a loved one, or send as a holiday gift.

TO PLACE YOUR ORDER:
PLEASE CALL 416-923-2999 TOLL FREE 1-877-282-HOPE

All proceeds will benefit The Gerry & Nancy Pencer Brain Trust and Brain Tumor Centre at Princess Margaret Hospital, Toronto. Charitable Registration Number 88177 7569 RR0001

RANDY YEE WINS

Guy Morrison Volunteer of the Year Award



Randy Yee, right, and his good friend, Guy, volunteer as greeters at the Pencer Centre Open House in October, 2000.

Randy sets the bar very high when it comes to being an exceptional volunteer. Diagnosed with a brain tumor in 1997, Randy and his wife Nancy

quickly became involved at The Pencer Centre, becoming founding members of our Patient and Family Advisory Committee (PFAC). Always willing to lend a hand, Randy has been a volunteer driver and patient counsellor for the Cancer Society, awarded "top seller" in our Pencer Centre Hat drive, been an enthusiastic greeter of guests during many an Open House and contributed his time and creativity to PFAC's inspiring quilt and dream catcher projects. A loving husband, father, grandfather and friend, we can't imagine a more deserving recipient of the 1st 'Guy Morrison Volunteer of the Year Award'.

Each year, the 'Guy Morrison Volunteer of the Year Award' will honor an outstanding volunteer at The Gerry & Nancy Pencer Brain Tumor Centre and within the brain tumor community. Guy Morrison was a loving husband, father and good friend. Diagnosed with an aggressive brain tumor in November, 1997, he never had a "why me" attitude. In true Gerry Pencer fashion, Guy quickly turned his paralysing fear into positive energy. A founding member of The Patient and Family Advisory Committee, Guy (and his wife Joanne) helped shape the programs and services at The Pencer Centre, raise awareness about brain tumors within their community, and counsel newly diagnosed patients and families. After a long and arduous fight, Guy succumbed to his brain tumor in March, 2002. His passion for helping others will live on in our hearts forever. 🌻



Ana Capatana was spotted wearing her Pencer Centre hat in Bucharest, Romania. Ana is the grandmother of our neuro-oncology fellow, Dr. Ruxandra Costa. Ana recently celebrated her 94th birthday on August 26, 2003. Happy Birthday!



Director's Message *from page 1*

but don't forget to register early to ensure good seating. To register, please call Maureen Daniels at 416-946-2240.

Following the presentation, please stop by The Pencer Centre between noon and 3 pm to see "what's new" in the treatment and care of patients and families living with brain tumors. Guests can view exciting and interactive displays by a multitude of healthcare disciplines involved with brain tumors, munch on yummy snacks at our juice bar, and as always, walk away with a goody bag so jam-packed with surprises, you won't believe your eyes! So, mark your calendars and join us on Friday, October 31, 2003, for our 5th Annual Pencer Centre Guest Lecture and Open House. We look forward to personally welcoming you all!

On Monday, August 25th, 2003, the 3rd Annual Gerry

Pencer Golf Tournament teed off at the historic Scarborough Golf and Country Club. Special thanks go out to our good friends at Cott Corporation for hosting this now-annual event, which brought out over 100 golfers playing for a great cause. The day was gloriously sunny and hot, and included a BBQ lunch, 18 holes of golf, cocktails and dinner, plus exciting contests and fabulous silent and live auctions. The best part was that over \$40,000 was net for patients and families of The Gerry & Nancy Pencer Brain Tumor Centre. What a victory! Honorable mentions go to Mark Benadiba, Mark Cumberland, Karen McBain, Robin Turnbull, Ines Marra, Linda Mckie, Madelon Cooper and Wendy Howze for all their hard work on this meaningful event. Don't forget to mark Monday, August 30th, 2004 on your calendar if you want to participate in the next Gerry Pencer Golf Tournament! 🌻

- 1 Attend The Pencer Centre Guest Lecture and Open House on Friday, October 31, 2003
- 2 Participate in the "Head for a Cure" 5K walk in support of The Gerry & Nancy Pencer Brain Tumor Centre
- 3 Take part in one of the Brain Tumour Foundation of Canada's Information Days, happening in several cities across the country*
- 4 Attend the Crolla Family Research Unit (located at the Toronto-Sunnybrook Regional Cancer Centre) Information Day*
- 5 Wear an "Imagine a Cure" button (available at The Pencer Centre)
- 6 Consider becoming a volunteer in one of the member organizations of the Canadian Alliance of Brain Tumour Organizations (CABTO)
- 7 Plan an event of your own to help raise public awareness and/or funds for research in the quest to find a cure for brain tumors
- 8 Pass on this issue of BrainScan to a friend, so they can learn more about the challenges of living with a brain tumor
- 9 Take time to read Gerry Pencer's *The Ride of My Life* or Rebecca Libutti's *That's Unacceptable* for an inside look at living with a brain tumor
- 10 If you have your own personal story about meeting the challenges of life with a brain tumor, write it down and send it to us at *Brainscan*. We would be happy to publish it so that others can benefit from your experience

*See page 5 for these event dates.

Staff Profile: Madelon Cooper



Spring... the season of renewal and hope. A time of year when the world is refreshed and eager to show off it's new beauty. Without a doubt one of the surest signs of Spring is the return of the flowers! While the calendar may not say it is Spring right now, in many ways at The Pencer Centre it feels that way. After months and months of SARS precautions that limited access and restricted activities around the Centre, the flowers have returned!

Many people who have visited The Pencer Centre over the years have had the pleasure of enjoying the beautiful flower arrangements. These floral creations are the work of Madelon Cooper. Each week, Madelon carefully selects a variety of flowers that she brings to The Centre to transform into her dazzling displays. When *BrainScan* asked Madelon, who works for Nancy Pencer, how it was that she became the "flower lady" for The Pencer Centre, she was happy to share her story. "Nancy is a very special lady and feels very strongly that The Pencer Centre should provide a warm and caring atmosphere for patients. A special place deserves special touches, and the flowers are one small way that we can make a difference in the quality of life of the patients and families who come here."

Watching Madelon create one of the half dozen arrangements she makes each week for The Centre is a lot like watching a wonderful chef at work in the kitchen. You carefully observe every move they make, clarify the exact measurements and mimic everything they do, but somehow your creation never

quite turns out as wonderful. It is a mixture of art and magic that can't be learned, you either have it or you don't. Clearly Madelon has 'it'. She confesses that she has no formal floral training, but over the years, having worked in the catering business, has honed her floral talent. She does admit that now that she does the flowers regularly at The Pencer Centre, she takes more notice of the floral arrangements she sees elsewhere.

Early each week Madelon arrives at The Pencer Centre with her cart loaded down with bunches and bunches of fresh flowers. There are always plenty of elegant white flowers to adorn the main entranceway of The Centre, but there is also an exciting array of seasonal flowers that bring a touch of variety as well. Madelon states that she enjoys her flower shopping expeditions. She knows where she can go to get the freshest, flowers and finds it an educational experience to see what is new each week. She makes a point to learn about new or unique varieties so that she can share the information with anyone who might ask her about them as works on her designs.



Madelon Cooper
The Flower Lady

The dictionary states that, "When something flowers, it gets stronger and more successful." We feel confident that having come through the trials of the past few months at The Pencer Centre, we are ready to flower once again. We hope the next time you are at The Pencer Centre you will take time to stop and smell the flowers!

Welcome back Madelon... we have missed you! 🌸

Quarterly quote

The Gerry & Nancy Pencer Brain Tumor Centre is my father's dream come true. It will be a tribute to him always.

Holly Pencer Bellman

The Canadian Alliance of Brain Tumour Organizations (CABTO) Celebrates Brain Tumor Awareness Month

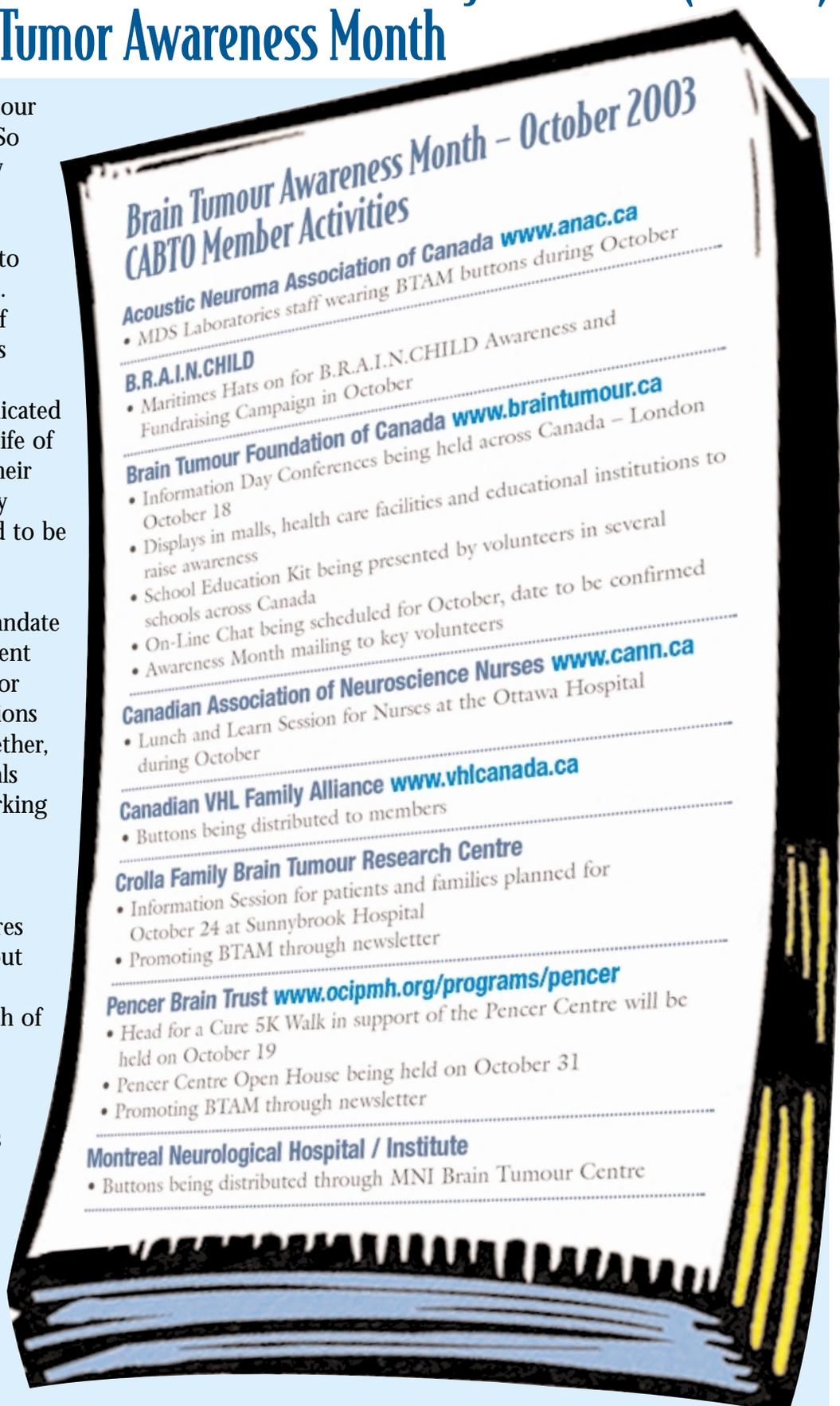
October is Brain Tumour Awareness Month. So what does this really mean? For individuals and families living with a brain tumour, it's an opportunity to get support and information.

The Canadian Alliance of Brain Tumour Organizations (CABTO) is an alliance of volunteer organizations, dedicated to enhancing the quality of life of brain tumour patients and their families. The Gerry & Nancy Pencer Brain Trust is pleased to be an active and contributing member of CABTO.

Formed in 1999, our mandate is to advocate for better patient care and increased funding for research. Member organizations believe that by working together, we can accomplish these goals more effectively than by working alone.

Across Canada, member organizations of CABTO, support groups, cancer centres and hospitals are talking about brain tumours and hosting events throughout the month of October to raise awareness about this often devastating disease.

Here is a list of activities that are going on across the country during October. Take some time to participate in one or more of these events and pass the information along to others as well. Together we can make a difference! 🌟





A Phase II Trial Of Intensive Chemotherapy And Autotransplantation For Patients With Newly Diagnosed Anaplastic Oligodendroglioma

Delores Dholah
Clinical Trials Coordinator

This trial will look at a new treatment option for those patients who are newly diagnosed with an anaplastic Oligodendroglioma. The purpose of this trial is to investigate whether it is safe and effective to treat anaplastic oligodendrogliomas using chemotherapy alone. Currently, the standard of care for patients living with brain tumours includes a course of radiation therapy usually followed at some point by chemotherapy. Recent research tells us that many oligodendrogliomas are very sensitive to chemotherapy. This raises the question of whether it is possible to treat oligodendrogliomas with chemotherapy alone, thus eliminating or delaying the need for radiation therapy. The benefit of this approach would be to eliminate the potential risk of delayed side effects of brain radiation, such as memory/concentration and neurocognitive functioning.

In previous issues of Brainscan we have discussed a number of ongoing clinical trials at The Pencer Centre. This particular trial is quite complex and involves several phases. These include the administration of intensive PCV (I-PCV) chemotherapy on an outpatient basis, followed by the collection of peripheral blood stem cells (PBSC) and a hospital admission of approximately 3-4 weeks, during which time a second type of chemotherapy is administered. Participation in this trial will mean that the patient will be required to undergo various tests, treatments and procedures that would not be part of a standard course of treatment.

Naturally, the patient will be followed very closely throughout the entire process to ensure safety. This trial will take approximately 10 months for each patient to complete. Post treatment evaluation will include a follow up neurological exam by your physician, as well as an MRI of the brain every three months. As always, participation in a clinical trial is completely voluntary and the patient is free to withdraw from the trial at any time.

It is our expectation that this trial will begin to enroll patients at The Pencer Centre by early in the new year. If you would like further information about this trial please contact Delores Dholah or Neetu Malik (who has now returned from maternity leave... WELCOME BACK!) at 416-946-4624. 🌟



PRALINE TOPPED PUMPKIN PIE

You'll 'fall for Fall' as soon as you taste this scrumptious praline topped pumpkin pie, a favorite of The Pencer Centre's Maureen Daniels, and her whole family! "This yummy recipe from Carnation Milk has been around for a long time. It is a delicious spin on a seasonal favourite," says Maureen.

This recipe makes one 9 inch pie.

- 2 beaten eggs
- 1 1/2 cups canned pumpkin (not the ready-made canned pie filling)
- 1 cup sugar
- 1/2 teaspoon salt
- 1 teaspoon ground cinnamon
- 1/4 teaspoon ground cloves
- 1/4 teaspoon ground ginger
- 1/4 teaspoon ground nutmeg
- 1 large can undiluted Carnation Evaporated Milk
- 9-inch unbaked pie shell

Combine eggs, pumpkin, sugar, salt and spices. Gradually stir in milk. Pour into unbaked pie shell. Bake at 425°F for 15 minutes, reduce to 350°F and continue baking for about 40 minutes or until knife inserted near centre comes out clean. Cool. Just before serving, top with praline topping.

Praline Topping

Combine 2 tablespoons melted butter, 1/2 cup firmly packed brown sugar and 1/3 cup chopped pecans. Sprinkle evenly over pie. Place under broiler until top is bubbly, about 1 minute. Serve immediately.



I THOUGHT THIS WAS DONE AND OVER WITH!

by Laurel Fortin

My journey began in March of 1994 with a grand mal seizure. I had driven to Kingston to spend time with friends from university. The seizure really scared me. I was confused and in shock. I had to call my dad to come pick me up...my first loss of independence. I was 24 and not able to drive for the next two years.

After extensive testing the doctors found a large brain tumor. The only thought I had was that my life was over, and I wondered how long I would live. After several tests with three doctors, they agreed that due to the proximity to the motor area the tumor was inoperable. I was determined not to give up. I had a gut feeling that everything would be okay.

After months of searching I was thrilled to find Dr. Lozano, who specialized in the motor area of the brain. His diagnosis gave me hope. My tumor was removed in September, 1995. The night before my surgery, I had a party with friends and family. It was important for me to be surrounded by people that loved me, and thank them for supporting me. This celebration provided me with comfort, and relaxed me before surgery.

When I woke up after my surgery I was paralyzed on the right side (I am right-handed), and had lost the ability to speak. I had to relearn how to walk, talk, and write.

During an appointment with my doctor, he mentioned that I may never be able to do my current job. I was the Manager of a Corporate Fitness Centre, and part of my job required me to teach fitness classes. Four months later, after hard

work and determination, my strength returned, and I was

able to go back to work. For motivation, I promised myself I would train for a half marathon once I was fully recuperated.

Post-surgery the good news was that the tumor was completely removed. I was told it was benign and non-reoccurring, which to me at that time meant it wasn't cancer. I was done with tumors for GOOD, or so I thought...

As life went on, I met my wonderful husband in December of 1997. Over the years we have talked and joked about my experience. His pet name for me was "his little bowling ball". From surgery I have three dents in my head where they drilled into my skull. I promised him he would never have to go through this with me again. In 1998 I ran my first half marathon and completed it in two hours and seven minutes... all was back to normal.

During a Christmas celebration in 1999 I had another grand mal seizure. The results of the CAT scan showed no sign of a tumor. Again I needed to start managing seizures using medication, and lost the privilege to drive. Over the next three years Richard and I enjoyed our life to the fullest, we bought our first house, got married, and our son, Wesley, was born June 9th, 2002.

During my pregnancy it became harder to manage my seizures. I thought they would stop after Wesley was born. In October 2002 I found out I had another tumor. How could this happen... benign... non-reoccurring???

The second tumor was removed on January 8th, 2003. My doctor said to expect the same side effects as the first time. I wondered where I would find the strength and courage to go through this again. The night before my surgery, again I had a party with family and friends. It worked well the first time.

When I awoke from my surgery, I was thrilled to find myself

able to talk, and move my legs and arms. My right hand was paralyzed from the elbow down. Did I mention that I was right-handed? There was not much change in my hand for the first month. During my recovery our son was six months old. Changing diapers, feeding, and holding him was very frustrating. At times it was impossible to hold back the tears. I have always been an independent, strong-willed person, and it was difficult for me to ask for help. I had no choice. With the support of our families we were able to manage. Without them it would have been next to impossible.

As I recovered, I achieved small accomplishments. At first it was moving my wrist ever so slightly; then, willing a finger to move; and finally, picking up one of my son's plastic cups filled with water. This time, the experience was much different. I was no longer a swinging single. I was a mother, a wife and a person looking for a job while still recuperating.

In May, 2003 I was told once again that there are new, unhealthy cells growing, and I would need to have radiation therapy. This tumor would be inoperable as these cells showed up deeper in the brain. I had just started a job in a new industry that I absolutely loved. Life was just getting back to normal. I could not accept this, and decided I would postpone radiation therapy for three months. Given my history and that I have a well-behaved tumor, this was not a significant risk.

At my last appointment, on September 3rd (my birthday), I found out the great news - that there was no growth since my last MRI. My Radiation Oncologist suggested that I would not need any treatments for the next 3 years.

My family and I are continuing to live life to the fullest. Richard and I still laugh and joke, he no longer calls me his little bowling ball. I now have six holes in my head. The most important things that I have learned about having to live with a brain tumor are positive: I have learned to appreciate everything that life has to offer, that friends and family are extremely important and to live each day to its fullest.

Who knows what type of brain tumor research about brain tumors is just around the corner...perhaps a less intrusive treatment, or even a cure! 🌈



Laurel Fortin and her son, Wesley



The Gerry & Nancy Pencer Brain Trust is a not-for-profit organization that was developed by the late Gerry Pencer to make a

difference in the quality of life of people who live with brain tumors. This private family foundation is the catalyst in the establishment of **The Gerry & Nancy Pencer Brain Tumor Centre** at Princess Margaret Hospital, Toronto. The Centre is dedicated to providing multi-disciplinary care, treatment, and support for brain tumor patients and their families. Additionally, the Brain Trust, in collaboration with **The Brain Tumor Centre** will seek to facilitate and fund the best local, national, and international brain tumor research in the hopes of finding a cure for brain cancer.

The Board of Advisors of The Gerry & Nancy Pencer Brain Trust include:

- **Lawrence S. Bloomberg**, Director & Advisor, National Bank of Canada
- **Richard Cole**, President, R.J. Cole Financial Consulting Limited
- **David Cynamon**, Chairman & CEO, KIK Corporation
- **Lloyd S.D. Fogler, O.C.**, Partner, Fogler, Rubinoff LLP (Law Firm)
- **Dianne Lister, LL.B., CFRE**, Past President & CEO, The Hospital for Sick Children Foundation
- **Dr. Christopher Paige**, PH.D, Vice President Research, The University Health Network
- **Holly Pencer Bellman**, Executive Director, The Gerry & Nancy Pencer Brain Trust
- **Nancy Pencer**, President, The Gerry & Nancy Pencer Brain Trust
- **Dr. Daniel Silver**, M.D., FRCP (C) Consultant to the Department of Psychiatry, Mount Sinai Hospital
- **Larry Tanenbaum**, Chairman & CEO, Kilmer Van Nostrand Co. Limited

For more information about The Brain Trust contact Linda McKie at 416-923-2999.

WHAT'S ON?

Please note that many of the programs running at the Pencer Centre are drop-in programs. This allows people the flexibility to attend when they are able to. On rare occasions, programs may be cancelled on short notice. Therefore, it is always wise to call ahead prior to coming to the Centre, to ensure that the program is running on the day that you may be planning to attend. Please feel free to call Maureen Daniels at 416-946-2240.

Open House 2003. On Friday, October 31, 2003, The Pencer Centre will hold its 5th Annual Open House. Beginning at 12:00 noon, a variety of interesting exhibits and displays will fill the Centre – ranging from those created by the healthcare professionals involved in the care and treatment of people living with brain tumors, to those created by community agencies that offer support to our patients. Immediately before the Open House, please join us in the 6th floor auditorium at Princess Margaret Hospital from 10:30 am to noon for a presentation by Terry Evanshen, member of the Canadian Football Hall of Fame and Grey Cup champion. Terry will inspire you to look at your own life in a way you have never done before. His moving account of his glory days on the football field, a devastating car accident that almost took his life and left him without any memory, and the comeback trail to rebuild his shattered life will show you the never-ending power of the human mind to overcome obstacles. Admission to this presentation is free, but, SEATING IS LIMITED! To reserve a seat call Maureen at 416-946-2240. We anticipate a very enthusiastic response, so please book early.

Support Groups for Brain Tumor Patients and Families. Our support groups run the second Tuesday of each month from 7:00-8:30pm. These groups are facilitated by Cheryl Kanter, Neetu Malik, Stephanie Phan and Maureen Daniels at The Pencer Centre. Patients meet as one group while caregivers meet separately in another room. This is a drop-in program and no prior registration is required. Simply come to The Centre on the evening the group meets.

Relaxation Therapy. Learning to relax despite the normal pressures of day-to-day life is difficult enough. When you add in a serious medical condition, treatment decisions, and new medications, it becomes even more difficult. Why not join our occupational therapist Stephanie Phan

for Relaxation Therapy Sessions and learn how to “actively relax” despite the obstacles put in your path? This program takes place each Wednesday afternoon from 1:00 pm-1:45 pm, in The Pencer Centre. Patients and family members are welcome to participate in this drop-in program, and no prior registration is required.

Art Therapy. It's Fall and art therapy is back! Lead by well-known art therapist Gilda Grossman, this program uses art as a means to explore and share feelings. No prior art experience is necessary. There is no cost to participate in this program, however space is limited. For a complete list of Fall dates or to register, please call Maureen at 416-946-2240.

Patient Information Binder. Our Patient Information Binder is as popular as ever. Included in the latest edition is a copy of “Brainspirations,” a treasury of inspiring stories, poems, and recipes published by our own Patient & Family Advisory Committee (PFAC). If you are a patient of The Pencer Centre and have not received a copy of our Patient Information Binder, or require additional sheets for your existing copy, please contact Maureen Daniels at 416-946-2240.

CD-ROM: Our highly acclaimed CD-ROM, which contains over 20 hours of information on brain tumors, available treatments, supportive care services and even real life patient experiences, is easily accessible via the computer in the Resource Library of The Pencer Centre. In addition, copies are also available to borrow through the main Patient & Family Library at Princess Margaret Hospital. The staff at The Centre or one of our resource volunteers would be happy to help you learn how to use this wonderful tool. If you would like to book a time to come in please call Maureen, at 416-946-2240 or drop by the Resource Centre.

DID YOU KNOW?

The Brain Trust has a toll-free number!

1 - 877 - 282 - HOPE 4673

BrainScan is published quarterly by The Gerry & Nancy Pencer Brain Trust. Inquiries or requests to reprint any of the articles should be directed to Maureen Daniels, Coordinator, The Gerry & Nancy

BRAINSCAN

Pencer Brain Tumor Centre, Princess Margaret Hospital, 610 University Avenue, 18th Floor, Toronto, Ontario M5G 2M9 Tel: 416-946-2240 or email: maureen.daniels@uhn.on.ca

Editors: Holly Pencer Bellman, Maureen Daniels Project Consultant: Joanne Rosenberg, J.R. Communications Revenue Canada Charitable Business Number: 88177 7569 RR000 Design: Slingshot Communications Inc.

PRINTING COURTESY OF:

